

Chinese Herbal Medicine

Chinese Herbal Medicine has been the central method of treating infertility for thousands of years. Recently published studies have highlighted acupuncture's role in the treatment of infertility but it is without question that Chinese herbal formulas play an integral part in fertility enhancement. We use herbal formulas to encourage healthy uterine lining, hormonal balance and follicle production, steady progesterone levels and vigorous sperm production. These herbs are mainly derived from roots, barks, leaves, flowers and fruits of botanicals native to China. Different herbs may be prescribed at different times during the cycle. We prefer to use herb granules that can be decocted in hot water and taken as a tea. We order these herbs singularly and can modify any formula to address your specific needs. Another option is to take the herbs in patented pill form. Our herbs are of the highest quality and come from a reputable source to ensure safety. It is rare for anyone to have adverse reactions to carefully prepared Chinese herbal formulas. It is our current policy to not give herbal formulas during cycles where the patient is taking medications for ART. This is to make certain that your doctors can monitor your progress and adjust your medications accordingly. Between cycles or before ART begins, it is very helpful to use herbal medicine to balance an irregular cycle, enhance ovulation and cervical fluid production, improve upon and then encourage complete shedding of the endometrial lining all in order to give your body the best chance to succeed at conception.